

24-Hour Hike: 26-27/06/2010

(The programme or route may be changed at short notice due to weather conditions) Planned route:

06.15 am: Registration and payment in the Tourist Office in Maurach
07.00 am: Start of the 24 hour hike round the lake Achensee. The hike starts in Maurach (970 m) and continues along the lakeside towards "Seepitz" and Gasthof "St. Hubertus". From here the hike follows the "Besinnungs" pathway to the "Rodel" Mountain hut and then onwards to the "Pletzsch" Mountain hut (1.040 m). Then over the "Paisillsattel" to the "Pasill" Mountain hut (1.557 m) before reaching the "Seekar" Mountain hut (1.500 m). Continuing through the "Seeberg" forest and down into the village of Achenkirch (930m). In Achenkirch the hike continues along the panoramic pathway and old Steinberg road to the village of Steinberg (1.000 m). From Steinberg the hike then leads onwards on the forest pathway to the "Schönjoch" Mountain hut (1.287 m), then upwards to the "kogljoch" (1.487 m) and onwards to "Kotalm" (1.692 m) then through the "Steinerne Tor" to the lower lying Mountain hut, "Dalfaz" (1.692 m). From here the hike follows a narrow pathway, to the top of the Rofan cable-car and finishing point.

Hiking time: approx. 18 hours Distance: approx. 60 km.

What is required to take part?

To be able to take part in this year's 24 hour hike, you must be perfectly fit! One needs ankle-high hiking boots, a torch (either a hand torch or headband torch), rainproof clothing and telescopic sticks are recommended. It is also recommended that you have time here to acclimatise before starting the hike and for this reason there are package deals offered!

Registration

Registration is necessary before the 18th June, for this year's hike as there are limited places - 100 hikers. This must be done in internet: www.24-stunden-wanderung.at Please take note that a telephone no. or internet address must be given. The Achensee Tourist Board will confirm all applications. If there are more than 100 hikers, there will then be a waiting list until the 21st of June 2010.

Fee

The fee of EUR 30.00 must be paid at the meeting point - before the start at 06.15 a.m. Please note, that all registered hikers must pay the fee, even if they do not take part! Names must be given to the Achensee Tourist Office, if the free transport before and after the 24 hour hike is required.

Permanent Hiking Routes for the

- Panorama walk in Achenkirch (Distance: 7 or 15 km)
- Hike to a Mountain Peak - either "Ebnerjoch" or the round hike to the "Astenu" (Distance: 9 or 12 km)
- Eagle Hike in the Karwendel Valley to the "Gramai" Mountain hut (Distance: 18 km)

Karwendel Hike 2010 - 28th August 2010

The run or hike through Austria's largest National Park - from Scharnitz to Pertisau/Achensee covering 52 or 35 Km. More information in Internet: www.karwendelmarsch.info



Achenkirch • Maurach • Pertisau • Steinberg • Wiesing

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Hiking Programme

3rd May - 29th October 2010

IVV Hiking Days and Week
24-Hour Hike
Karwendel March

www.achensee.info
www.wandern.achensee.info



hiking



Monday

Guided information walks in the various villages in the Achensee Region. **Here one can gain information and learn interesting tips** about the village from the guide - they are keen to share their local knowledge!

Meeting Points:

- Achenkirch: 09.30 a.m. Christlum lift (Bus-stop in the parking area)
- Maurach: 09.30 a.m. outside the Tourist Information Office in Maurach
- Perisau: 09.30 a.m. outside the Tourist Information Office in Pertisau
- Wiesing: 10.00 a.m. outside the Tourist Information Office in Wiesing

It is necessary for groups of more than 20 people to register not later than 08.30 a.m. on Monday morning. Achensee Tourist Board: +43(0)5246/5300. Registration is not necessary apart from groups!



Tuesday

Panoramic hike in Achenkirch

The hike starts at the Spar supermarket (near Christlum ski lifts) and continues from here along the panoramic pathway to the "Sonnberg" parking area - passing the Wildlife reserve. From here the hike continues onwards and upwards on a forest road to the mountain hut "Adlerhorst" (1.230 m). From here onwards on a narrow mountain pathway to reach the mountain hut "Zöhreralm" (1.334 m) where a short break is planned! The journey downwards, back to the village is on a wide forest road. The hike continues back to the starting point on the "Karwendel" pathway.

- Meeting point: 08.40 a.m. at the Christlum ski-lifts (bus-stop)
- Return: between 03.00 p.m. and 04.00 p.m. at the Christlum ski-lifts (bus-stop)

Wednesday

Nature-Watch Tour to Gernalm

A nature-watch walk through the Karwendel valley to the "Gern" mountain hut The Achensee Tourist Board together with the Organisers of the Karwendel Nature Park has organised, for this summer, a nature watch! Equipped with binoculars the walk takes you through the fascinating Karwendel valley between the "Pletzsch" and "Gern" mountain huts. Discover, in detail, the flora and fauna and observe the natural burns and streams which run through the valleys. From the meeting point in Pertisau (Information office) the hike leads through the „Karwendel“ valley along the „Seeberg“ pathway to the „Pletzsch“ mountain hut (1.040 m) and then onwards to the „Gern“ mountain hut (1.169 m) where a fantastic panoramic view awaits us!

- Meeting point: 09.30 a.m. at the Information Office in Pertisau (at the bus-stop)
- Return: between 03.00 and 04.00 p.m. at the Information Office in Pertisau.

Thursday

Nature-Watch hike to the mountain peak "Hochplatte" (approx. 5 hrs.) or to the Shale-Oil mine in the "Bächental" valley (approx. 4 hrs.)

With qualified mountain guides from the "Karwendel" Nature Park, the hike leads upwards on a forest pathway, passing the "Bründl", "Joch" and "Seewald" mountain huts (1.582 m) and then onwards to the mountain peak "Hochplatte" (1.813 m). The return hike leads downwards through the "Unterau" valley to the Christlum ski-lifts parking area. From the middle of July (when the Shale-Oil mine is re-opened) the hike varies. It starts, as before, at the Christlum ski-lifts parking area and leads through the "Unterau" valley then up and over the "Grobner Hals" (1.650 m) then downwards to the Shale-Oil mine in "Bächen" valley. Included is an excursion of the mine. The hike then continues on to the bus meeting point. Free bus transfer back to the Christlum lifts in Achenkirch.

- Meeting point: 08.45 a.m. at the Christlum ski-lifts, parking area
- Return: approx. 05.00 p.m. at the Christlum ski-lifts, parking area

Friday

Hike to the peak of the Rofan Mountains - the "Rofanspitze" on the "Adlerweg" (Eagle's pathway)

The hike to the peak of the Rofan Mountain starts at the top of the Rofan cable-car (2.259 m). This is a day hike. Observe the flora and fauna life on the Rofan Mountains. Please note that this tour is dependent on the weather and, therefore, the tour can be changed at short notice. The cable-car ticket is not included in the programme!

- Meeting point: 09.25 a.m. at the Rofan Cable-Car station in Maurach.
- Return: between 4.00 p.m. and 05.00 p.m. at the Rofan cable-car

Registration

Registration is necessary for all the hikes apart from Monday. Registration can be made in any of the Information Offices during the opening hours (until 05.00 p.m.) or until 06.00 p.m. in the Call Centre under the telephone no. +43(0)5246/5300. Registration is available per e-mail: wanderprogramm@achensee.info until 8.00 p.m.

Information

For all hikes sturdy walking/hiking shoes/boots are a must, rainproof clothing or sun-cap (depending on the weather), a drink-flask and a small snack. Telescopic hiking sticks are recommended. It is important that you are fit! In case of accidents we claim no responsibility. Please note that the daily programmes can be changed at short notice due to the current weather situation! The Achensee Hiking programme is daily, from Monday to Friday and is free-of-charge to all visitors with a valid Visitor's Card. For those without a Visitor's Card the fee is EUR 27.00 per hike! The cable-car tickets are not included in the programme and therefore, must be paid separately.



Hiking days and a hiking week

Get to know the Achensee Region as a hiking destination with nearly 500 km of well kept and sign-posted routes. Enjoy and discover the beauty of the Region, with the Karwendel and Rofan mountains, to their full most with well qualified mountain guides. Send for a detailed brochure!



Special Hiking days: 15th & 16th of May 2010

On the 15th of May there is a special evening guided walk through the village of Maurach. Approx. 10 km.
On the 16th of May there are three guided hikes with various distances to choose from: 8 km (Rofan - high walk), 12 km ("Dien-Mut") walk and a 25 km hike round the lake Achensee.